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July 2018 Newsletter**Kitsap & Jefferson**

July 2018-P2P Newsletter

Dear Parents,

I hope this Newsletter finds you all well! Summer is in full swing, with the passing of the Summer Solstice and I would like to remind everyone to stay cool and hydrated as the heat increases. Last year there were a few days when the heat was so extreme that the Kitsap Arc location remained open for people seeking a place to stay cool. Of course, we always hope that no one is left in danger of heat stroke, but it is nice to know that community organizations such as the Arc can be of assistance when needed. I would like to apologize for having to cancel the 3rd Transition class series that was scheduled for the June monthly meeting. I will continue the Transition class program in August, however, I am excited to announce that we have a very special guest speaker lined up this month. Alyson Retter is the President of the Bremerton School Dist. Board of Directors and works for Kitsap Strong. She is a wealth of knowledge on education and has agreed to teach a class on Adverse Childhood Experiences or "ACES". This education centers on recognizing how trauma in our lives impacts learning, development, and coping skills, as well as ways to help ourselves and our DD Children and Adults better manage traumatic experiences and everyday adversity. I hope you will all join us at the Kitsap branch of the Arc of the Peninsulas in Bremerton on July 24th at 11:00 AM for this wonderful opportunity to learn and grow together!

Many blessings to you all,

Naomi Evans

P2P Coordinator for the Arc of Kitsap

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Community Center

